



**IMA TELlichERRY  
NEWS LETTER – JUNE 2020**

**ORGANISATIONAL ACTIVITIES**

**10.06.2020: Executive Meeting**

Zoom Meeting on 10.6.2020. President welcomed the gathering. 20 members attended the Zoom meeting. Vote of thanks proposed by Dr.Jayakrishnan Nambiar.

**17.06.2020: GB CUM CME**

Zoom meeting on 17.06.2020. CME on Diagnostic Tests in Covid, Speaker :Dr.Sarath MD, Covid Cell, MCC. Dr. Sajeev Kumar P B presided over the meeting. 40 members attended the Zoom meeting. Vote of thanks proposed by Dr.Jayakrishnan Nambiar.

**19.06.2020:Covid meeting**

IMA Thalassery constituted a Covid Rapid Response Team, lead by Dr.Sanjeev Kumar and 12 members team. Team members include Intensivists, Pulmonologist, Anesthesiologist and nodal officers of Covid designated hospitals in Kannur. Aim is to facilitate private public partnership to chamdise Covid Care.

**SOCIAL ACTIVITIES**

01.06.2020-As part of “Recycle Kerala “mission, Dr.SainaSunilkumar, WDW Chairperson WDW, contributed to the mission workers ,which will be contributed recyclable items to CMRD fund.



21.06.2020: IMA Thalassery in association with Chavakkad Pravasi Forum conducted a WhatsApp question answer session for expats in middle east countries. Main aim was to relieve stress related issues in pravasees. IMA President Dr.Sajeev kumar directly helped expats through WhatsApp platform. Around 40 people participated in Q&A Session,100 s of expats benefitted. Topic was Stress and Heart Disease in Pravasees.

CPF President Mr.Shafi and Secretary Mr. Anwar Khader organized the event. CPF President Mr.Shafi and Secretary Mr. Anwar Khader organized the event.

**ഡോക്ടറോട് ചോദിക്കാം**  
 Prof: Dr.Sajeev Kumar PB  
 MBBS, MD Psychiatry  
 Thalassery, Kannur

ചാവക്കാട് പ്രവാസി ഫോറം വാട്ട്സ്ആപ്പ് ഗ്രൂപ്പിൽ പ്രശസ്ത സൈക്യാട്രിസ്റ്റ് പ്രൊഫസർ ഡോ: സജീവ് കുമാർ പി.ബി  
 2020 ജൂൺ 20, ശനിയാഴ്ച യു.എ.ഇ സമയം രാത്രി 8 മണി മുതൽ  
 പ്രവാസികൾക്കിടയിൽ വർദ്ധിച്ചു വരുന്ന മാനസിക പിരിമുറുക്കവും പുഴയാലാതവും എന്ന വിഷയത്തിൽ സംവദിക്കുന്നു.  
 കൂടുതൽ വിവരങ്ങൾക്കും, ഈ സംവാദത്തിൽ പങ്കെടുക്കാൻ ആഗ്രഹിക്കുന്നവരും ബന്ധപ്പെടുക.  
 +971 50 391 7881  
**CHAVAKKAD PRAVASI FORUM**

- Dr.Dhanya,PHC Peringalam team in association with SYS volunteer in action. Awareness class on Dengue .Cleaning Campaign at Keezhmadam Junction. Awareness given on dengue and leptospirosis.. Doxycycline prophylaxis also given.



**OBSERVATION OF IMPORTANT DAYS**

**05.06.2020: World Environmental Day**

- Plants planted at Malabar Cancer Centre premises.Thalassery IMA President Dr.Sajeev Kumar lead the drive.



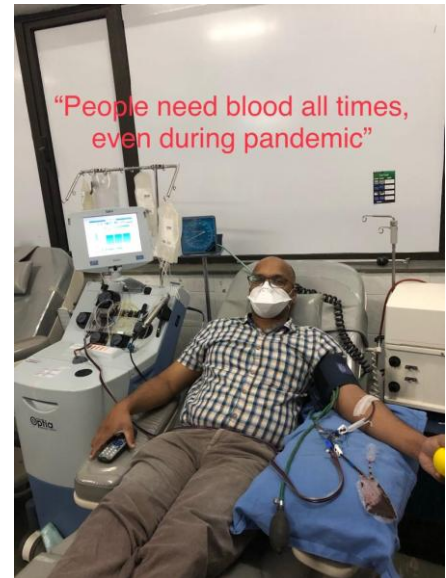
- Women Doctors Wing is keen on keeping the environment clean. As part of World Environmental Day by WDW planted trees in their work place, premises of own houses, as organizing a public planting of trees due to containment issues was not possible.



- Plants were planned at CMC premises by IMA Secretary Dr.Jayakrishnan Nambiar.

#### 14.06.2020:Blood Donors Day

- IMA Thalassery organized awareness campaign to motivate potential donors to donate blood at Blood Bank in Malabar Cancer Centre and General Hospital Thalassery. There is scarcity of donors because people keep away from hospitals in view of Covid fear, we doctors took lead. Dr.Sajeev kumar P B (President IMA Thalassery) donated SDP Single Donor Platelet at MCC.



- World Blood Donors Day observed at General Hospital, Thalassery. Dr.Peeyush Namboothiri paadu (Supdt GH, Thalassery) inaugurated the function. Dr.Asathy (Blood Bank Medical Officer) distributed memento to blood donors and Dr.Maya Jithinco-ordinated the function.

#### 14.06.2020-International day against drug abuse & illicit trafficking

- International Day Against Drug Abuse and Illicit Trafficking. Awareness class at NAM School Peringathur, for NCC volunteers by

Dr.DhanyaChnadra,Treasurer,  
WDW.



### **SPECIAL PROJECTS OF THE BRANCH**

#### **IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

#### **Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

### **Mutual Benefit Scheme**

A scheme for members conducted every year, through which members as well as the association is benefited.

### **MISCELLANEOUS**

#### **Nammude Arogyam:**

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1660 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

A Thalassery.